

AMSERLEN PWLL NOFIO HANNER TYMOR



DYDD LLUN 16 CHWEFROR I DYDD SUL 22 CHWEFROR

Dydd LLun

6.00yb - 7.00yb Nofio Lôn
 7.00yb - 8.00yb Nofio Lôn
 8.15yb - 9.15yb Ffitrwydd Dŵr
9.30yb - 11.30yp Nofio Cyhoeddus
 11.45yp - 12.45yp Nofio Lôn
 6.05yp - 7.45yp Llogi Preifat
 7.45yp - 9.00yp Nofio Lôn

Dydd Mawrth

9.30yb - 11.30yp Nofio Cyhoeddus
 11.45yb - 12.45yp Nofio Lôn
 1.00yp - 2.00yp Fflotiau a Hwyl
 2.00yp - 3.00yp Nofio Cyhoeddus
 4.45yp - 5.45yp Nofio Cyhoeddus
 6.00yp - 8.00yp Clwb Nofio
 8.00yp - 9.00yp Nofio Lôn

Dydd Mercher

7.00yb - 8.00yb Nofio Lôn
 8.15yb - 9.15yb Nofio Oedolion
9.30yb - 11.30yb Nofio Cyhoeddus
 11.45yb - 12.45yp Nofio Lôn
 1.00yb - 2.00yp Fflotiau a Hwyl Disgo
 5.00yp - 6.00yp Nofio Cyhoeddus
 6.00yp - 7.00yp Nofio Oedolion
 7.00yp - 8.00yp Nofio Cyhoeddus
 8.00yp - 9.00yp Nofio Lôn

Dydd Iau

8.00yb - 9.00yb Ffitrwydd Dŵr
9.30yb - 11.30yp Nofio Cyhoeddus
 11.45yb - 12.45yp Nofio Lôn
 1.00yp - 2.00yp Fflotiau a Hwyl
 6.00yp - 7.00yp Nofio Cyhoeddus
 7.00yp - 8.00yp Llogi Preifat
 8.00yp - 9.00yp Ffitrwydd Nofio

Dydd Gwener

6.00yb - 7.00yb Nofio Lôn
 7.00yb - 8.00yb Nofio Lôn
9.30yb - 11.30yb Nofio Cyhoeddus
1.30yp - 2.30yp Sesiwn Chwyddadwy**
 5.45yp - 6.45yp Fflotiau a Hwyl
 7.00yp - 8.00yp Nofio Lôn

Dydd Sadwrn

8.30yb - 9.30yb Nofio Lôn
 9.45yb - 10.45yb Fflotiau a Hwyl teulu*
11.00yb - 12.30yp Nofio Cyhoeddus

Dydd Sul

8.45yb - 9.45yb Nofio Lôn
 10.00yb - 11.00yb Fflotiau a Hwyl teulu*
 11.00yb - 12.30yp Nofio Cyhoeddus

	AM DDIM i bob plentyn cofrestredig 19 oed ac iau
*	Pen bas yn unig yw sesiynau Fflotiau a Hwyl Teulu gyda pholisi mynediad mwy hamddenol
**	8+ oed. Rhaid bod yn nofwyr cymwys yn y pen dwfn.
Er nad yw'n hanfodol, byddem yn argymhell archebu lle i warantu eich lle	



SWIMMING POOL TIMETABLE HALF TERM



MONDAY 16TH FEBRUARY TO SUNDAY 22ND FEBRUARY

Monday

6.00am - 7.00am Lane Swimming
 7.00am - 8.00am Lane Swimming
 8.15am - 9.15am Aqua Fit
9.30am - 11.30pm Public Swimming
 11.45am - 12.45pm Lane Swimming
 6.05pm - 7.45pm Private Hire
 7.45pm - 9.00pm Lane Swimming

Tuesday

9.30am - 11.30pm Public Swimming
 11.45am - 12.45pm Lane Swimming
 1.00pm - 2.00pm Floats and Fun
 2.00pm - 3.00pm Public Swimming
 6.00pm - 8.00pm Swim Club
 8.00pm - 9.00pm Lane Swimming

Wednesday

7.00am - 8.00am Lane Swimming
 8.15am - 9.15am Adult Swimming
9.30am - 11.30am Public Swimming
 11.45am - 12.45pm Lane Swimming
 1.00pm - 2.00pm Disco Floats and Fun
 5.00pm - 6.00pm Public Swimming
 6.00pm - 7.00pm Adult Swimming
 7.00pm - 8.00pm Public Swimming
 8.00pm - 9.00pm Lane Swimming

Thursday

8.00am - 9.00am Aqua Fit
9.30am - 11.30pm Public Swimming
 11.45am - 12.45pm Lane Swimming
 1.00pm - 2.00pm Floats & Fun
 6.00pm - 7.00pm Public Swimming
 7.00pm - 8.00pm Private Hire
 8.00pm - 9.00pm Swimfit

Friday

6.00am - 7.00am Lane Swimming
 7.00am - 8.00am Lane Swimming
9.30am - 11.30am Public Swimming
1.30pm - 2.30pm Inflatable Session **
 5.45pm - 6.45pm Floats & Fun
 7.00pm - 8.00pm Lane Swimming

Saturday

8.30am - 9.30am Lane Swimming
 9.45am - 10.45am Family Floats and Fun*
11.00am - 12.30pm Public Swimming

Sunday

8.45am - 9.45am Lane Swimming
 10.00am - 11.00am Family Floats and Fun*
 11.00am - 12.30pm Public Swimming

FREE for all registered children aged 19 & under

* **Family Floats and Fun Sessions are Shallow end only with a more relaxed Admission policy.**

** **Aged 8+. Must be competent swimmers in the deepend.**

Although not essential, we would recommend booking to guarantee your space



ALL TIMETABLES ARE AVAILABLE ON OUR APP. THIS ITEM IS ALSO AVAILABLE IN WELSH.

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COUNCIL ON 01437 764551