



FREE TASTER SESSIONS AT LOCAL GOLF CLUBS

AGED 60+ AND READY FOR SOMETHING NEW AND EXCITING?

Active 4 Life is partnering with your local golf club for a limited time! This partnership aims to increase physical activity levels, socialisation and golfing knowledge for the 60+ age group. All abilities welcome.

HAVERFORDWEST

22nd May onwards
01437 764523

secretary@haverfordwestgolfclub.co.uk

NEWPORT, PEMBROKESHIRE

7th June onwards
01239 820244

alun@newportlinks.co.uk

TENBY

26th May onwards
07805 544458

mattwcagolf@gmail.com

PEMBROKE - SOUTH PEMBROKESHIRE

7th June onwards
01646 621453

secretary@southpembsgc.co.uk

MILFORD HAVEN

9th June onwards
01646 697822 Ext.2

golfoperations@mhgc.co.uk

SESIYNAU BLASU AM DDIM GYDA CHLYBIAU GOLFF LLEOL

YDYCH CHI DROS 60 OED AC YN BAROD AM RYWBETH NEWYDD A CHYFFROUS?

Mae Heini am Oes mewn partneriaeth â'ch clwb golff lleol am gyfnod cyfyngedig! Nod y bartneriaeth hon yw cynyddu lefelau gweithgarwch corfforol, cymdeithasu a gwybodaeth am golff ymhlith pobl sydd dros 60 oed. Mae croeso i bob gallu.

HWLFFORDD

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