

JUNIOR ACTIVITY TIMETABLE

TERM TIME



Monday

3:30pm - 4:30pm Junior Fitness
(11-12yrs)

3:45pm - 6:00pm Swimming
Lessons

Tuesday

3:30pm - 4:30pm Junior Fitness
(11-12yrs)

3:45pm - 6:00pm Swimming
Lessons

5:30pm - 7:30pm Swimming
Club

Wednesday

3:45pm - 6:00pm Swimming
Lessons

Thursday

3:30pm - 4:30pm Junior Fitness
(11-12yrs)

3:45pm - 6:00pm Swimming
Lessons including Rookies

Friday

3:45pm - 5:45pm Swimming
Lessons

4:30pm - 5:15pm Dance
(6-10yrs)

5:15pm - 6:00pm Dance
(11-16yrs)

5:45pm - 6:45pm Swimming
Club

7:00pm - 7:45pm Floats and
Fun



ALL TIMETABLES ARE AVAILABLE ON OUR APP. THIS ITEM IS ALSO AVAILABLE IN WELSH.

FOR A COPY IN LARGE PRINT, EASY-READ, BRAILLE, AUDIO, OR AN ALTERNATIVE LANGUAGE, PLEASE CONTACT PEMBROKESHIRE COUNTY

COUNCIL ON 01437 764551

AMSERLEN GWEITHGAREDD IAU

TYMOR YSGOL



Dydd Llun

3:30yp - 4:30yp Ffitrwydd Iau
(11-12oed)

3:45yp - 6:00yp Gwersi Nofio

Dydd Iau

3:30yp - 4:30yp Ffitrwydd Iau
(11-12oed)

3:45yp - 6:00yp Gwersi Nofio
gan gynnwys 'Rookies'

Dydd Mawrth

3:30yp - 4:30yp Ffitrwydd Iau
(11-12oed)

3:45yp - 6:00yp Gwersi Nofio

5:30yp - 7:30yp Clwb Nofio

Dydd Gwener

3:45yp - 5:45yp Gwersi Nofio

4:30yp - 5:15yp Dawns
(6-10oed)

5:15yp - 6:00yp Dawns
(11-16oed)

5:45yp - 6:45yp Clwb Nofio

7:00yp - 7:45yp Flotiau a Hwyl

Dydd Mercher

3:45yp - 6:00yp Gwersi Nofio

