

GWEITHGAREDDAU HANNER TYMOR

16 CHWEFROR - 22 CHWEFROR

	GWEITHGAREDD	AMSER	OED
DYDD LLUN 16 Chwefror	Ffitrwydd Teulu* Nofio Cyhoeddus** Sesiwn Chwarae** Sesiwn Chwarae ADY**	9.00yb - 4.00yp 9.30yb - 11.30yb 9.30yb - 11.30yb 1.00yp - 2.30yp	11+ 0+ 0-8 0-8
DYDD MAWRTH 17 Chwefror	Ffitrwydd Teulu* Nofio Cyhoeddus** Fflotiau a Hwyl	9.00yb - 4.00yb 9.30yb - 11.30yb 1.00yp - 2.00yp	11+ 0+ 0+
DYDD MERCHER 18 Chwefror	Ffitrwydd Teulu* Nofio Cyhoeddus** Sgwad Dylunio** Disgo Fflotiau a Hwyl	9.00yb - 4.00yp 9.30yb - 11.30yb 10.00yb - 11.00yb 1.00yp - 2.00yp	11+ 0+ 4-10 0+
DYDD IAU 19 Chwefror	Ffitrwydd Teulu* Nofio Cyhoeddus** Play Session** Fflotiau a Hwyl	9.00yb - 4.00yp 9.30yb - 11.30yb 10.00yb - 12.00yp 1.00yp - 2.00yp	11+ 0+ 0-8 0+
DYDD GWENER 20 Chwefror	Ffitrwydd Teulu* Nofio Cyhoeddus** Tegan Gwynt y Pwll** Fflotiau a Hwyl	9.00yb - 4.00yp 9.30yb - 11.30yb 1.30yp - 2.30yp 5.45yp - 6.45yp	11+ 0+ 8+ 0+
DYDD SADWRN 21 Chwefror	Ffitrwydd Teulu* Fflotiau a Hwyl Teulu Nofio Cyhoeddus**	9.00yb - 12.00yp 9.45yb - 10.45yb 11.00yb - 12.30yp	11+ 0+ 0+
DYDD SUL 22 Chwefror	Ffitrwydd Teulu* Fflotiau a Hwyl Teulu	9.00yb - 12.00yp 10.00yb - 11.00yb	11+ 0+

* Angen cyflwyniad i'r gampfa

** AM DDIM i bob plentyn 19 oed ac iau sydd wedi cofrestru

ADY - Sesiynau addas ar gyfer teuluoedd â phlant ag
Anghenion Dysgu Ychwanegol



HALF TERM ACTIVITY TIMETABLE

16TH FEBRUARY - 22ND FEBRUARY

	ACTIVITY	TIME	AGE
MONDAY 16th February	Family Fitness*	9.00am - 4.00pm	11+
	Public Swimming**	9.30-11.30am	0+
	Play Session**	9.30am - 11.30am	0-8
	ALN Play Session**	1.00pm - 2.30pm	0-8
TUESDAY 17th February	Family Fitness*	9.00am - 4.00pm	11+
	Public Swimming**	9.30am -11.30am	0+
	Floats and Fun	1.00pm - 2.00pm	0+
WEDNESDAY 18th February	Family Fitness*	9.00am - 4.00pm	11+
	Public Swimming**	9.30am -11.30am	0+
	Design Squad**	10.00am - 11.00am	4-10
	Disco Floats and Fun	1.00pm - 2.00pm	0+
THURSDAY 19th February	Family Fitness*	9.00am - 4.00pm	11+
	Public Swimming**	9.30am -11.30am	0+
	Play Session**	10.00am - 12.00pm	0-8
	Floats and Fun	1.00pm - 2.00pm	0+
FRIDAY 20th February	Family Fitness*	9.00am - 4.00pm	11+
	Public Swimming**	9.30am -11.30am	0+
	Pool Inflatable**	1.30pm - 2.30pm	8+
	Floats and Fun	5.45pm - 6.45pm	0+
SATURDAY 21st February	Family Fitness*	9.00am - 12.00pm	11+
	Family Floats and Fun	9.45am - 10.45am	0+
	Public Swimming**	11.00am - 12.30pm	0+
SUNDAY 22nd February	Family Fitness*	9.00am - 12.00pm	11+
	Family Floats and Fun	10.00am - 11.00am	0+

* Gym Induction required

** FREE for all registered juniors & teens

ALN - Sessions suitable for families with children with Additional Learning Needs

To find out more information regarding these sessions, please visit
www.pembrokeshireleisure.co.uk or download our Pembs Leisure App now!

Please be aware that parents/guardians of children under 8 must remain in the building at all times.

HEAD TO
THE WEBSITE

